

## Stationary Seated Hand Bike

**MSRP \$1,472.00**

**SALE \$1,133.00**

### Highlights:

- Improves grip strength
- Great for fitness enthusiasts young and old
- Features a comfortable seat
- Knob allows for altered resistance

**Age Group:** Adult

**Footprint:** 4' x 1' 4"

### COMPLIES With:

ASTM F1487-17

CPSC PUB #325

**ADA Compliant**



Great for training one's grip strength, the Stationary Seated Hand Bike makes a great addition to any outdoor area that fitness enthusiasts frequent. Many seniors have a hard time finding the proper equipment to engage in physical activity, especially strength training. The Stationary Seated Hand Bike gives seniors as well as those with physical limitations the means to train their forearms, hands, and shoulders, all while seated. Additionally, the Stationary Seated Hand Bike features a knob that allows users to change the intensity of their workout, making it a great option for a wide range of physical ability levels. The Stationary Seated Hand Bike works great by itself or as part of a larger outdoor fitness circuit.